SpeedCoach Help for Visually Impaired Rowers

LiNK Logbook

You can take advantage of using NK LiNK Logbook's Live Streaming freature along with your cell phone's Talk Back (Android) or Voice Over (iOS) functionality to hear your measurements as you row.

You do need the training pack version to access Live Streaming.

As long as you are comfortable having a mobile device in the boat with you (a waterproof bag is recommended), this tutorial can show you how to have your phone verbally announce out 1 of the measurements on the SpeedCoach while you are rowing.

To get NK LiNK Logbook on your mobile device, please go to one of these links:

Android: PlayStore

iOS: Apple Store

Please follow the instructions to make an account on Logbook and verify your account through email.

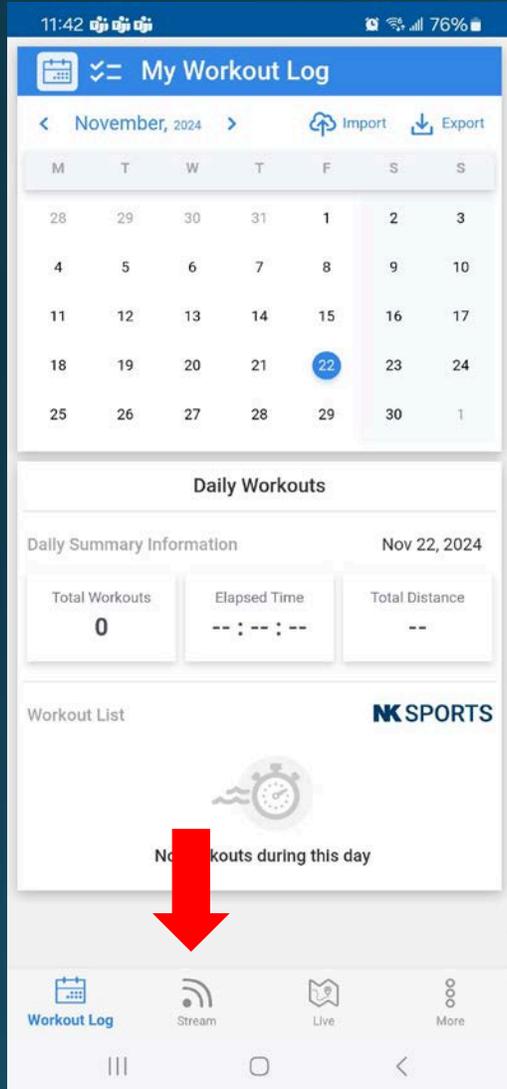# Turning on Accessibility on your Phone

iOS:
- Go to Settings
- Scroll down and tap Accessibility
- Tap VoiceOver at the top and toggle it on
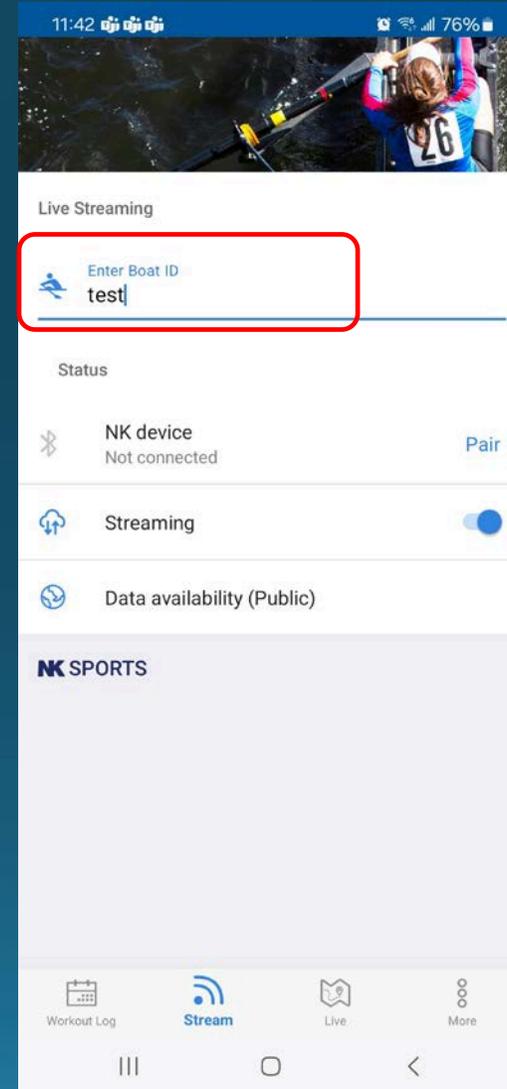- Select OK in the confirmation dialog

Android:
Go to Settings
Scroll down and tap Accessibility
Click on TalkBack and toggle it on
Select OK in the confirmation dialog

Please note: Phones may differ with what this feature is called or how to access it. Please lookup how to access this feature if the above does not work.
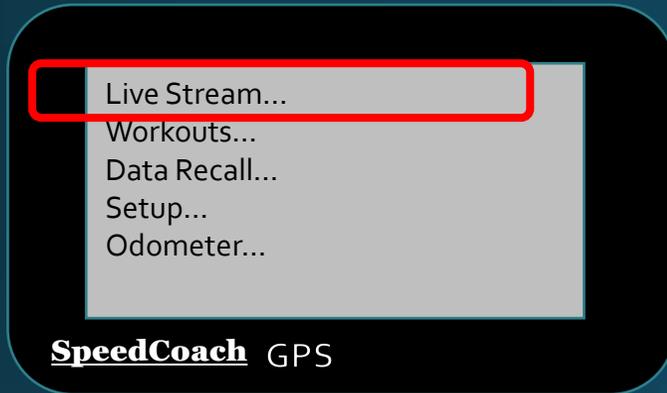
Opening NK Logbook

After logging in and opening Logbook, go to the Live tab at the bottom of the screen
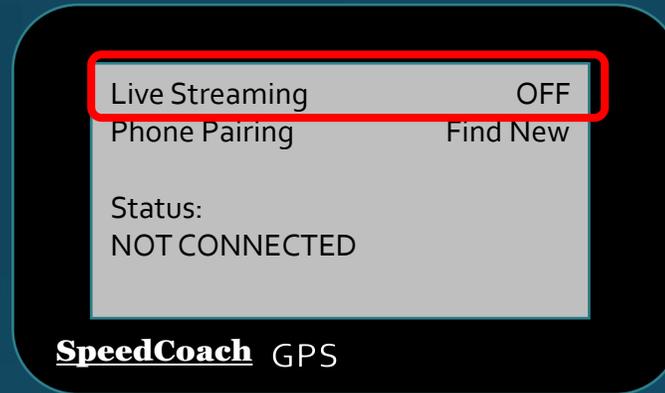

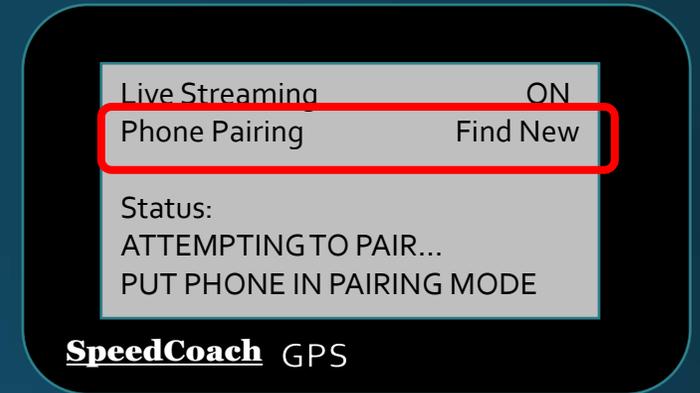Enter a boat name at the top of the screen

SpeedCoach Live Stream

On the SpeedCoach click the right button to get to the Main Menu. Then select Live Stream.
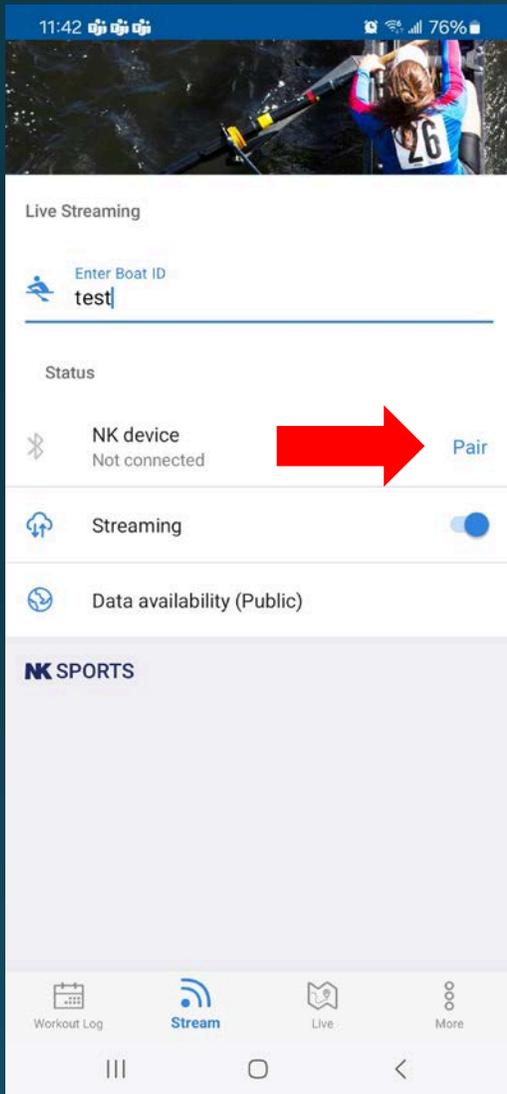
Highlight Live Streaming. Press right button to highlight OFF and use an arrow button to turn on.

Highlight Phone Pairing and select Find New. Status should change to above.
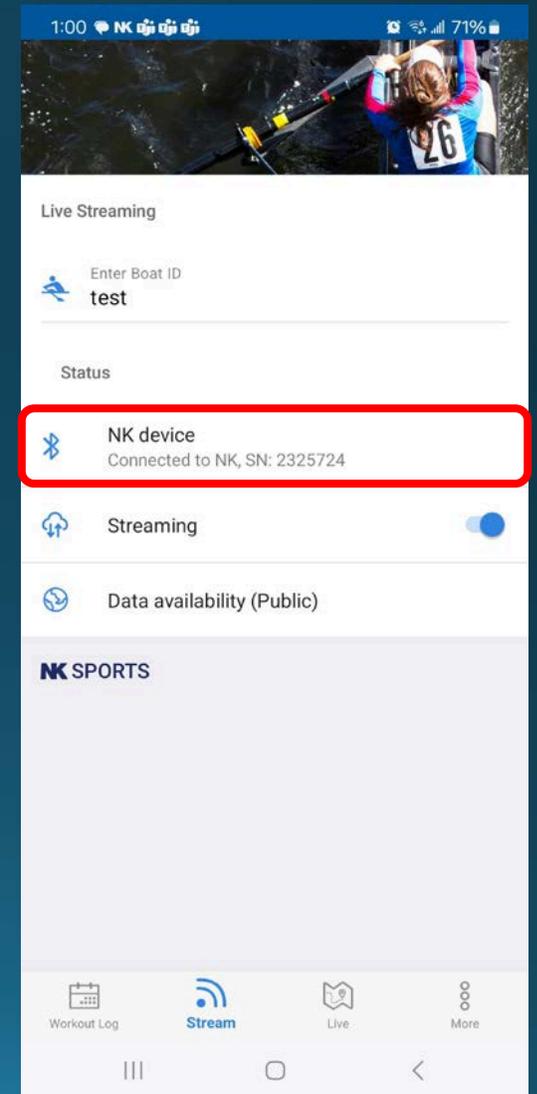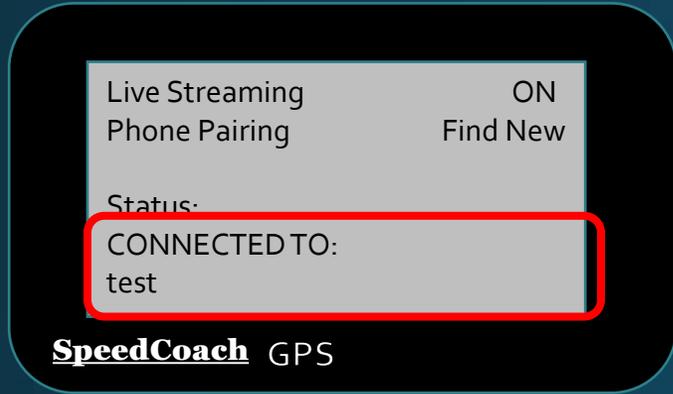
NK Logbook Pairing

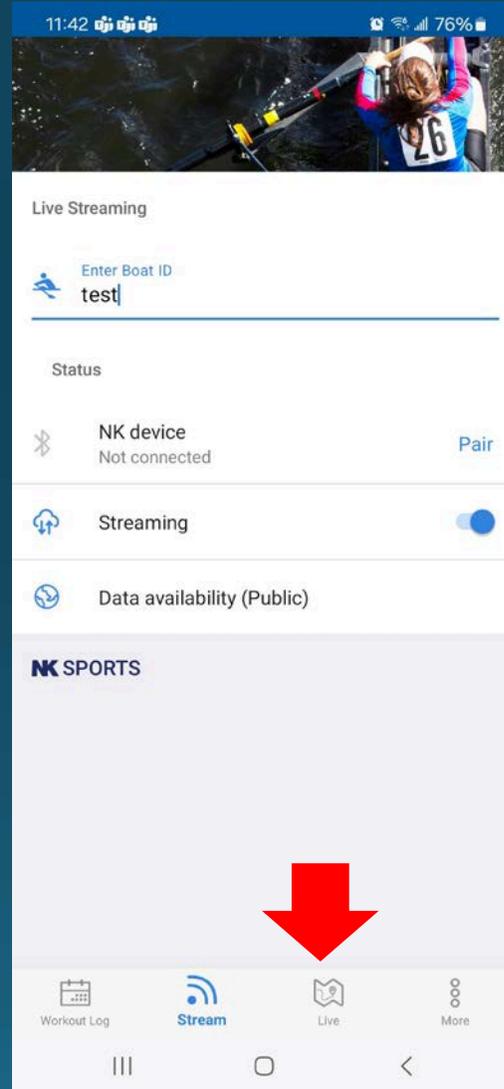Go back to the Logbook app and select Pair. Make sure Bluetooth is on on your phone.

The phone will look for the SpeedCoach and should show connected after some time.
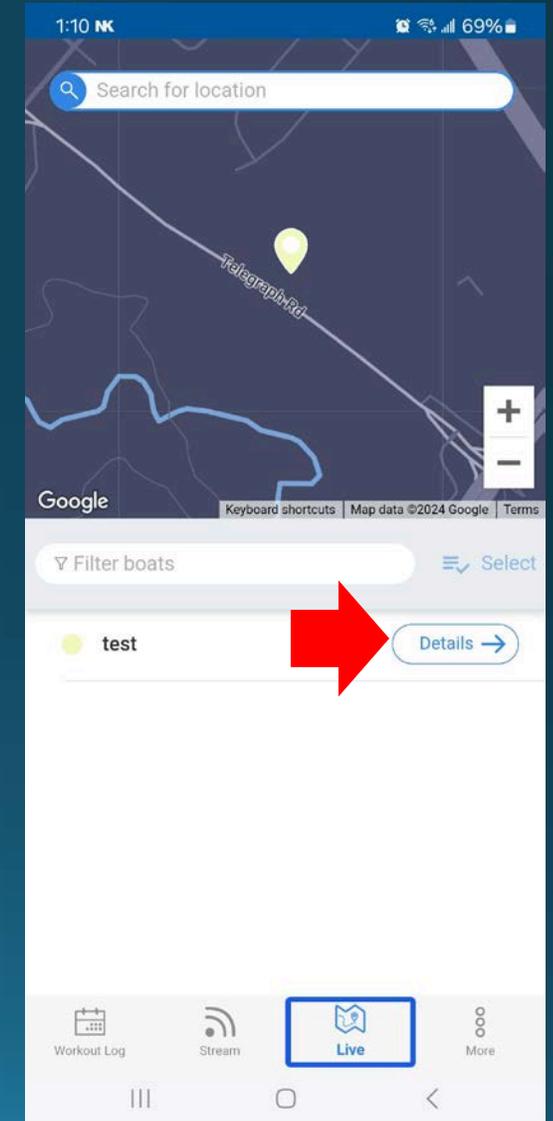
SpeedCoach Connection

Live Streaming   ON
Phone Pairing   Find New

Status:

CONNECTED TO:
test

SpeedCoach GPS

The SpeedCoach should also show connected. Back out to the main screen and get ready to start your session.

11:42

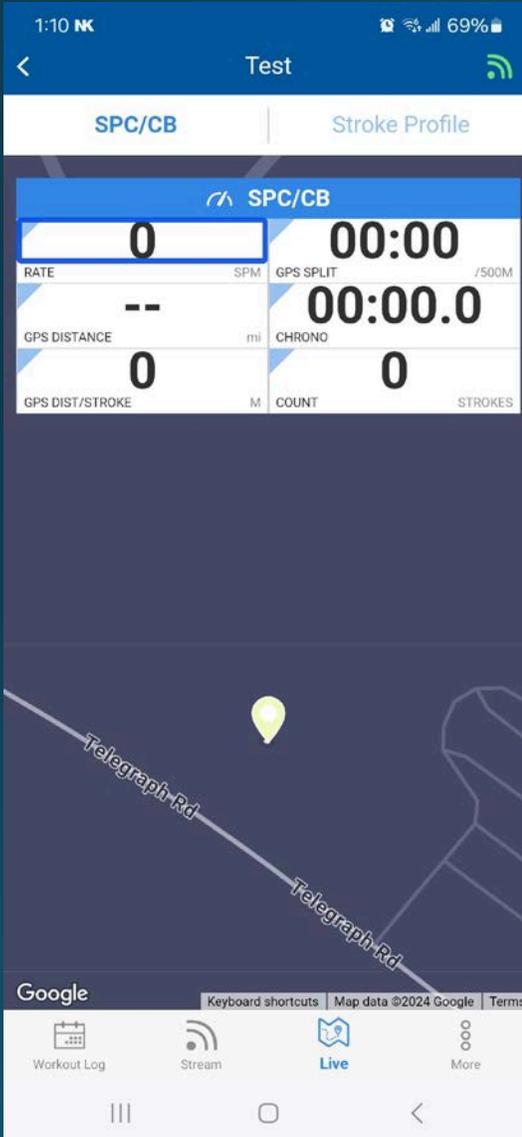Live Streaming

Enter Boat ID
test

Status

NK device
Not connected   Pair

Streaming

Data availability (Public)

NK SPORTS

Workout Log   Stream   Live   More

But first go back into Logbook and select the Live tab

Find your boat on the map and select details.

1:10 **NK**   69%

Search for location

Telegraph Rd

Google   Keyboard shortcuts | Map data ©2024 Google | Terms

Filter boats   Select

test   Details →

Workout Log   Stream   Live   More

Measurement Selection

Select the measurement you would like to audibly update in the Logbook app. Put phone in waterproof bag.

Select Ready on the SpeedCoach and start your row. The phone will audibly announce your updated measurements as you row.

This process could also be done with a CoxBox GPS in a similar fashion