

Login to NK LiNK Logbook on the website (<u>https://logbook.nksports.com</u>) or mobile app. If you have forgotten password, click on Forgot your Password to reset it.

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NKSPOR	TS	WORKO	UT LOG LIVE COMPETE SUPPO	DRT STORE	Joe Racosky Athlete (Personal)
		My Workout	: Log		3 🔍
All Time	•				Import Export
	Date	Session Name	Location	Elapsed Time	Distance
	June 15, 2022	JustGo-2.978MI	Boothwyn, PA, USA	06:17.9	2.978mi
	June 15, 2022	JustGo-0.053MI	Boothwyn, PA, USA	02:21.2	0.053mi
	April 5, 2022	JustGo-7.419MI	Boothwyn, PA, USA	11:02.8	7.419mi
	October 28, 2021	JustGo-3.715MI		17:28.2	3.715mi
<b>~</b>	October 20, 2021	JustGo-6.039MI		01:10:18	6.039mi
	October 17, 2021	JustGo-9.057MI		02:02:16	9.057mi
<b>~</b>	October 16, 2021	JustGo-4.053MI		55:47.2	4.053mi
	October 7, 2021	JustGo-5.277MI		01:02:29	5.277mi

If you want to export any or all of your data, the easiest thing is to click on the list view on the Workout Log page. Check the boxes of the workouts you would like to export. Then click the Export button. You can export as a CSV, FIT or GPX file.



If you want to change your personal information or delete your account, click on your avatar and then select Account Management.

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NK SPORT	S		WORKOUT LOG	LIVE	COMPETE	SUPPORT	STORE			Joe Racos Athlete (Persor	iky nal)		~
S Account Management													
	Profile		Joe Ra	acosky					N.				
	Subscription								AW I				
	My Teams	MY INFORMATION											
	My Integrations	First Name Joe	<u>ا</u>	Last Na Racosk	ame y								
		Email		Passw	ord								
		joeracosky@verizon.net	Change	******	*			Change	е				
		Date of Birth		Gender	1	Height	Weight						
		MM/DD/YYYY		10	3	140 cm	70	kg	J				
		Delete account				Discan	d	Save					

You can adjust any of your data such as email or password here.



If you want to remove your account and all the data saved, click on Delete Account. You will be required to enter your password and email to confirm. Note: This cannot be <u>undone</u>.