# How to Update your SpeedCoach, CoxBox GPS or Oarlock Firmware using LiNK for Windows

First make sure you have NK LiNK For Windows downloaded on your computer.

Go here: https://nksports.com/mwdownloads/download/link/id/186/ to download the program.
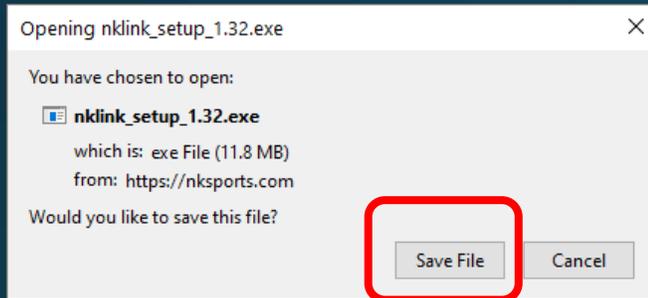
Click on Save File.

File will most likely be in Downloads section on your computer
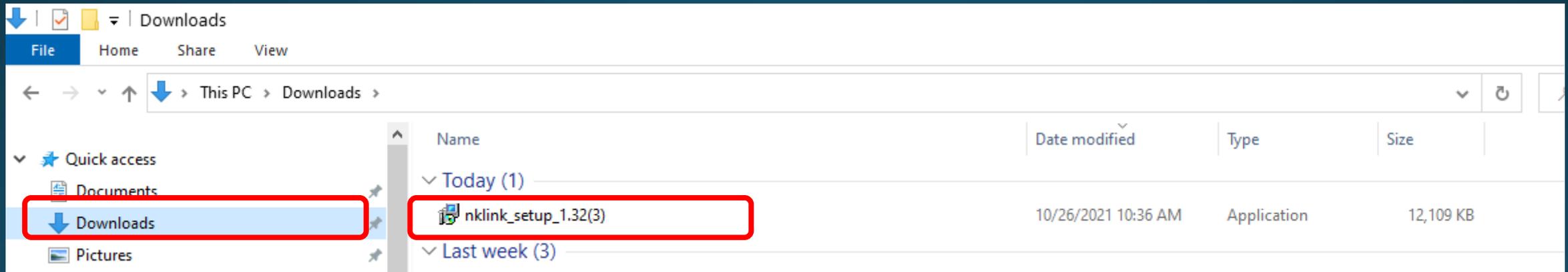
# How to Update your SpeedCoach, CoxBox GPS or Oarlock Firmware using LiNK for Windows
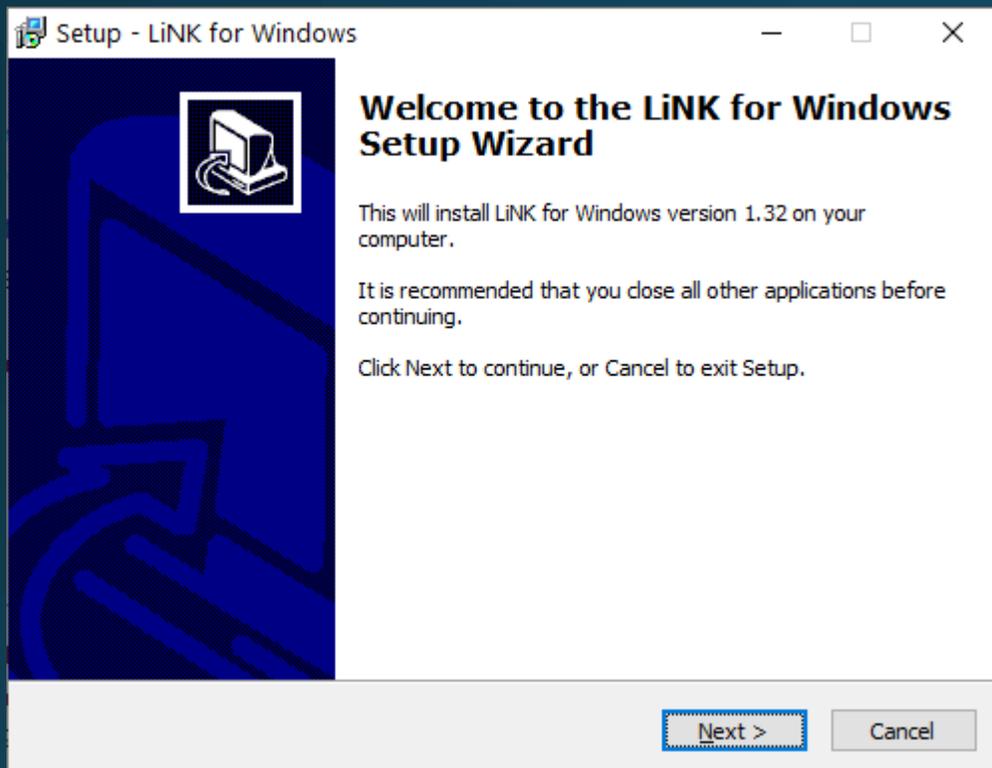


Follow the prompts to install
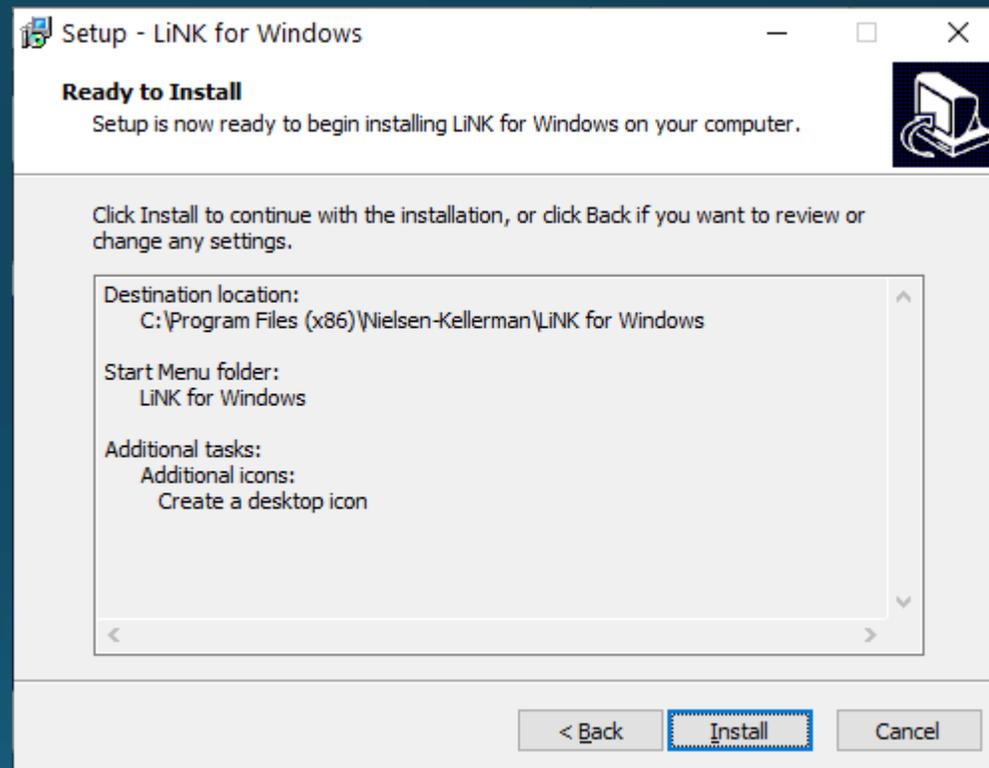


Click Install at the end and open the program

# How to Update your SpeedCoach, CoxBox GPS or Oarlock Firmware using LiNK for Windows

**Note:  You will need to insert the NK Bluetooth dongle into the computer.**

When you open the program it should say Searching for SpeedCoaches (or other device) in the bottom left corner.

If the dongle is inserted and it still says Searching for dongle, please check this link out:  Bluetooth Help

Warning:  This process will Erase any Data Sessions on the device

# How to Update your SpeedCoach, CoxBox GPS or Oarlock Firmware using LiNK for Windows

Choose the radio box of the unit that you want to upgrade.

On the unit select Data LiNK mode from the Main Menu.  It should say Unit is discoverable.

Click on the unit when it appears in the box.  Manage should then become activated when connected.

# How to Update your SpeedCoach, CoxBox GPS or Oarlock Firmware using LiNK for Windows

However, before we try to update the firmware, we need to get the latest firmware downloaded to our computer.

Click on the Help tab at the top and then select Update Your SpeedCoach.

# How to Update your SpeedCoach, CoxBox GPS or Oarlock Firmware using LiNK for Windows

Save this file and go into your Downloads folder again to run the firmware update file.
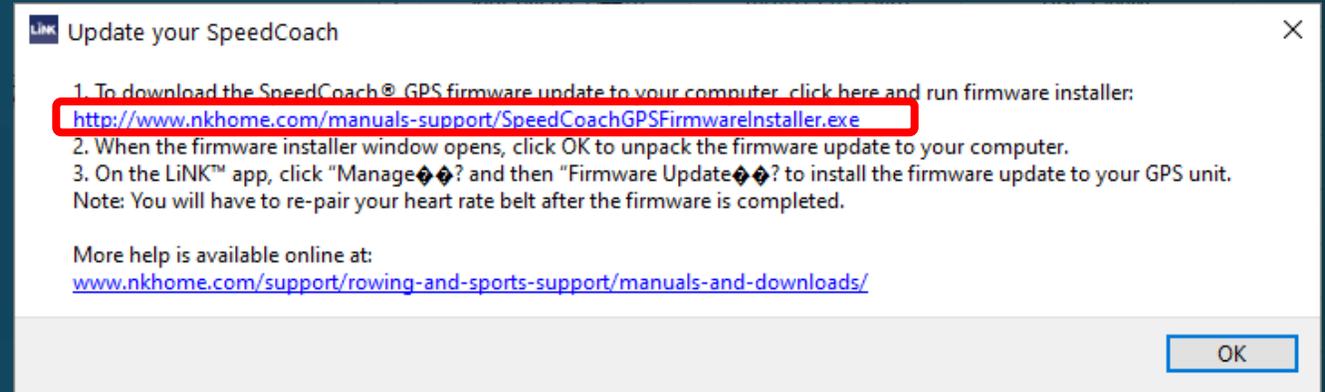


Follow the prompts to install the firmware to your computer.
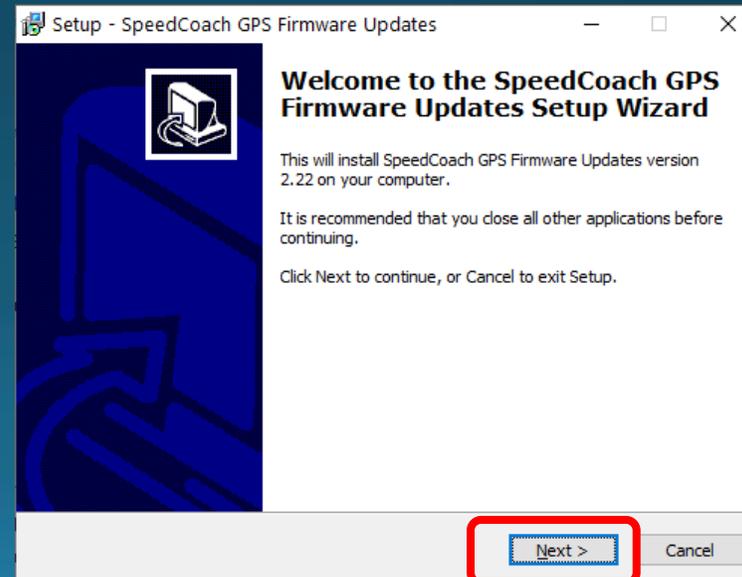
# How to Update your SpeedCoach, CoxBox GPS or Oarlock Firmware using LiNK for Windows
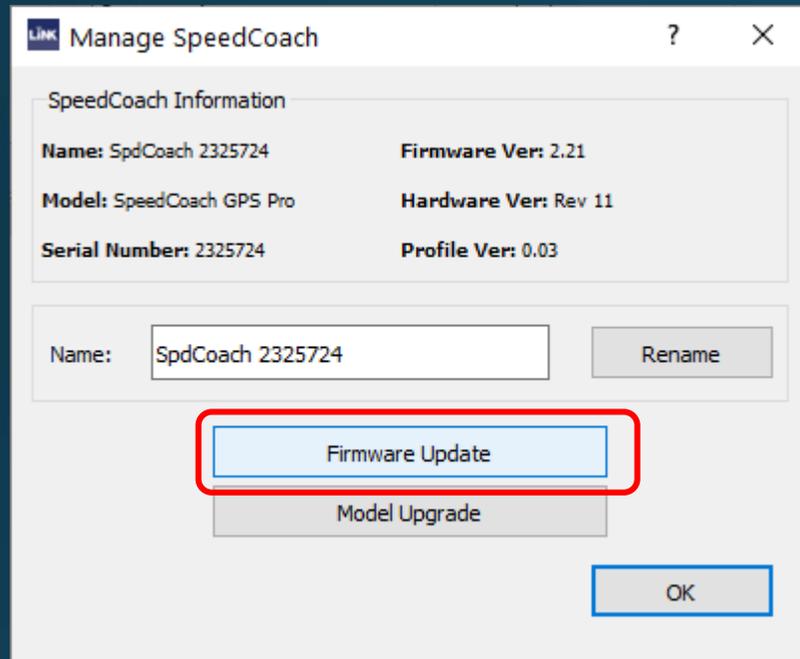


Now go back to the main screen and select Manage->Firmware Update
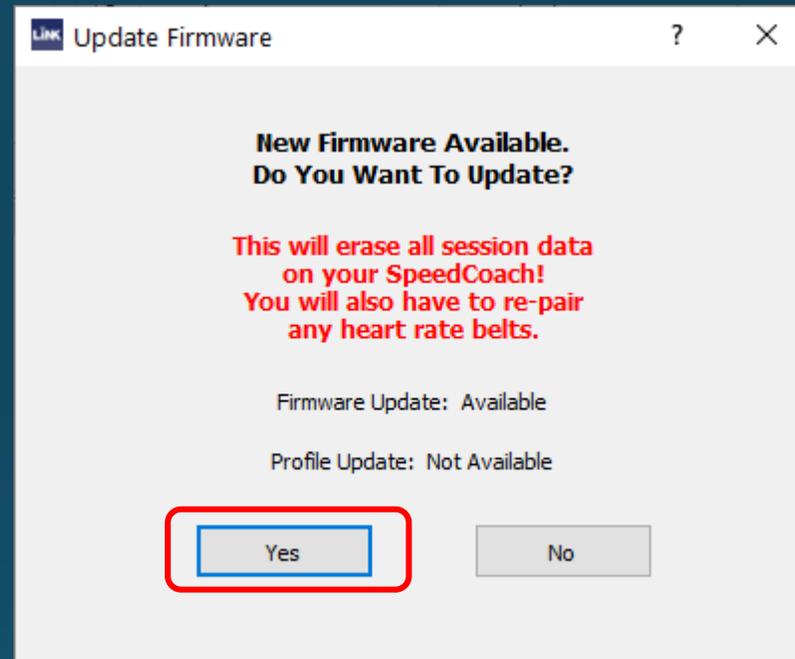
You should be prompted for an update Is available. Click Yes to start the process.

**Your Unit will show a progress bar at the bottom of the screen. Once the process is completed, your unit will turn off and then back on. Once it turns back on, the firmware update is completed.**